

Portland Drug & Alcohol Addiction Treatment Center



Serenity Lane is committed to helping individuals in the Portland area address their substance use disorder and regain control of their lives. Our [Portland addiction treatment](#) center provides comprehensive, evidence-based treatment for substance use disorders, offering a range of services designed to meet the unique needs of each patient. Whether you are seeking help for yourself or a loved one, our team is here to support you every step of the way.

Here's Why You Should Choose Serenity Lane

Choosing Serenity Lane means choosing a facility with decades of experience in addiction treatment. We understand that each person's journey to recovery is unique, and our compassionate team is dedicated to providing tailored, individualized care. We offer a full continuum of services, from medical detox to outpatient treatment, ensuring that you receive the right level of care for your needs. Our evidence-based approach and commitment to holistic healing set us apart as a trusted provider in the Portland community.

What We Offer in Our Portland Addiction Treatment Programs

At [Serenity Lane Portland](#), we offer a variety of treatment programs designed to address all stages of the recovery process. Our comprehensive approach includes medical care, counseling, and holistic therapies to support your recovery journey.

Medical Detox For Drugs & Alcohol

Medical detox is often the first step in the recovery process. At Serenity Lane, we provide a safe and supportive environment for detoxification under the supervision of experienced medical professionals. Our detox program helps manage withdrawal symptoms and prepares you for the next phase of treatment.



Inpatient Treatment

Our inpatient treatment program offers 24/7 care in a structured, supportive setting. Patients receive individual and group therapy, medical monitoring, and holistic support to address the root causes of substance use. Inpatient care is ideal for those who need intensive treatment away from the triggers of everyday life.

Outpatient Treatment

Outpatient treatment at Serenity Lane allows you to receive high-quality care while maintaining your daily responsibilities. This program is designed for individuals with mild to moderate addiction who require ongoing support but do not need residential care. Our outpatient services include therapy sessions, educational programs, and access to support groups.

Intensive Outpatient Program (IOP)

The Intensive Outpatient Program (IOP) at Serenity Lane provides a higher level of care for individuals who need more structure than standard outpatient treatment. IOP includes multiple therapy sessions each week, focusing on skill-building, relapse prevention, and coping strategies. It is an excellent option for patients transitioning from inpatient care.

Partial Hospitalization Program (PHP)

Our Partial Hospitalization Program (PHP) offers a structured, intensive treatment plan while allowing patients to return home in the evenings. PHP is ideal for individuals who need comprehensive care but do not require 24-hour supervision. This program includes therapy, medical monitoring, and holistic support.



What Addiction Treatment and Recovery Services Are Available at Our Portland Drug Addiction Treatment?

At Serenity Lane, we offer specialized treatment services to address different types of substance use disorders. Our team uses a combination of evidence-based therapies and holistic approaches to help you achieve lasting recovery.

Heroin Addiction Treatment

Our heroin addiction treatment program begins with medically supervised detox, followed by comprehensive therapy and support. We use Medication-Assisted Treatment (MAT), cognitive behavioral therapy, and group counseling to help patients manage cravings and address the underlying causes of addiction.

Cocaine Addiction Treatment

Cocaine addiction requires a targeted approach due to its impact on the brain's reward system. Serenity Lane's treatment program includes detoxification, behavioral therapy, and relapse prevention strategies to help patients break free from cocaine dependence and build a healthy, substance-free life.

Meth Addiction Treatment

Methamphetamine addiction can have severe physical and psychological effects. Our meth addiction treatment program includes medical detox, individualized therapy, and group support to address the unique challenges of meth addiction. We focus on rebuilding physical health and addressing the psychological impact of long-term meth use.

Fentanyl Addiction Treatment

Fentanyl is a highly potent opioid that requires specialized care. At Serenity Lane, we provide a comprehensive fentanyl addiction treatment program that includes medical detox, MAT, and intensive therapy. Our goal is to help patients safely navigate withdrawal and build a strong foundation for recovery.

Benzodiazepine Addiction Treatment

Benzodiazepine addiction often develops from prescribed medications like Xanax or Valium. Our program includes a gradual tapering process under medical supervision, combined with therapy to help patients develop healthier coping mechanisms and reduce dependence on these substances.



Alcoholism Treatment in Portland

Alcohol use disorders are one of the most common substance use disorders we treat at Serenity Lane. Our Portland facility provides a complete alcohol addiction treatment program, including medically supervised detox, individual and group therapy, and holistic approaches such as mindfulness and stress management. We focus on treating the whole person, addressing both the physical and psychological aspects of alcohol dependence.

What You Should Know About Our Portland Addiction Treatment Center

Serenity Lane's Portland center offers a welcoming and supportive environment for individuals seeking help with addiction. Our facility features comfortable accommodations, a range of therapeutic services, and a compassionate team of professionals dedicated to helping you achieve long-term recovery. We pride ourselves on creating a safe space where healing and personal growth can flourish.

Serenity Lane Portland West Outpatient Office

Address:

10920 SW Barbur Blvd
Portland, OR 97219

Website:

<https://serenitylane.org/location/portland-south-west/>

Map:

<https://maps.app.goo.gl/1CZYD43McCqnsrPS7>



FAQs About Addiction Treatment

Q: What types of addiction do you treat?

A: We treat a wide range of substance use disorders, including addiction to alcohol, opioids, methamphetamine, cocaine, and benzodiazepines.

Q: How long does treatment last?

A: Treatment duration varies based on individual needs. Our programs can range from a few weeks for detox and outpatient care to several months for residential or long-term treatment.

Q: Do you accept insurance?

A: Yes, we work with most major insurance providers. Our admissions team can help you verify your coverage and discuss any financing options available.

Q: Can family members be involved in the treatment process?

A: Absolutely. We encourage family involvement through our family therapy programs, which help loved ones understand addiction and provide support throughout the recovery process.



Reach Out to Our Addiction Treatment Center in Portland to Get Started Today

If you or a loved one is managing a substance use disorder, don't wait to seek help. Contact Serenity Lane's Portland center today for a confidential consultation. Our caring and experienced team is ready to support you on your journey to recovery and help you build a brighter future. Call us at 800-543-9905 or visit our website at

<https://serenitylane.org/location/portland-south-west/>